

2001 California Dietary Practices Survey

Table 112: Californians Who Missed/Cut Meals and How Often

Question: In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? How often did this happen in the past 12 months? Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

	Percent		
	Missed/Cut Meals	Almost Every Month or Most Months ¹	Some months but not every month or Only 1 or 2 Months ¹
Total	17	41	59
<i>Sex</i>			
Males	18	37	63
Females	16	45	55
<i>Males</i>			
18 - 24	13	22	78
25 - 34	20	26	74
35 - 50	23	54	46
51 - 64	22	48	52
65+	9	0	100
<i>Females</i>			
18 - 24	24 **	35	65
25 - 34	18	47	53
35 - 50	15	49	51
51 - 64	24	44	56
65+	6	58	42
<i>Ethnicity</i>			
White	15	40	60
Hispanic	16	46	54
Black	24	32	68
Asian/ Pacific Islander	10	61	39
<i>Education</i>			
Less than high school	21	48	52
High school graduate	14	55	45
Some college	18	32	68
College graduate	17	32	68
<i>Income</i>			
Less than \$15,000	24 ***	43	57
\$15,000 - 24,999	14	39	61
\$25,000 - 34,999	9	41	59
<i>Physically Active</i>			
Did not meet recommendations	17	47	53
Met recommendations	17	33	67
<i>Overweight Status</i>			
Overweight/Obese	17	40	60
Not overweight	16	41	59

¹ Out of those who skipped meals and with a household income < \$35,000

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

** p<.01

*** p<.001